

NEWS RELEASE

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For immediate release

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Panhandle Employers Invited to Learn More on Supportive Wellness Laws Upcoming Webinar

An upcoming webinar on Supportive Wellness Laws will provide insights to Panhandle employers on a variety of federal and state laws that provide a foundation towards a solid worksite wellness program.

On March 28 from 10-11:30 am, employers throughout the region are invited to participate in a webinar to learn more on laws such as the Employee Retirement Income Security Act (ERISA) which regulates employee benefits plans and the Fair Labor Standards Act (FLSA) which requires employers to provide breastfeeding breaks and a place to take them. Three attorneys from the Omaha-based law firm, Baird Holm, will be presenting the webinar with specific expertise in health care, labor and employment law, and employee benefits.

The Panhandle Worksite Wellness Council is coordinating this webinar as part of their quarterly educational opportunities for members. Non-members are able to partake for a minimal registration fee. To register, visit www.pphd.org/pwwc.html or call 308-487-3600 Ext. 101.

The wellness council provides tools and ongoing consultation for members, training and quarterly networking opportunities and ready-to-use services such as monthly employee newsletters and bulletins, resource lists, podcasts and customizable policies and behavior change programs, all updated frequently. Members are able to send unlimited representatives to regional workshops at several Panhandle locations and regional trainings with nationally-recognized health and wellness experts. Registering is easy and dues are minimal. More information is available online at www.pphd.org/pwcc.html.