



# NEWS RELEASE

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For immediate release

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## ***Your Playbook for Safety and Wellness Success***

Former Husker, Aaron Davis, will be kicking off the Panhandle Safety & Wellness Conference, September 22 at the Gering Civic Center. The day is sure to bring your organization the latest in strategies for keeping employees healthy and safe with experts from around the nation!

Davis will start the day with a motivational keynote on what it takes to be a “Champion, the Ultimate Vitamin A to Wellness and Safety.” He has had the privilege of sharing his insights on the possibility of human potential with more than a million people throughout the US and abroad. Davis is quick to remind that awards and accolades are fantastic, but true success and excellence first begins with those you care and love the most.

A variety of top-notch safety and wellness breakout sessions will be available to choose from in addition to closing keynote, Dr. L. Casey Chosewood, National Institute for Occupational Safety and Health Total Worker Health™ Director, bringing it home with “Maximizing Safety, Health, and Well-being in Your Organization.”

“It is exciting to bring such a high quality speaker line-up to the area,” said Jessica Davies, Panhandle Worksite Wellness Coordinator. “We

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*Refreshing, revitalizing, well worth the day!*  
*2014 Conference Attendee*

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like to see organizations bring as many employees as possible to assure they return to work jazzed to implement strategies learned at the conference.”

She added, “Help us honor area worksites demonstrating exemplary wellness and safety programs at the awards luncheon with the Lieutenant Governor.”

Early bird registration provides discounts for registering by September 4. Four HRCI credits will be awarded for Human Resource Professionals.

The conference is coordinated by the Panhandle Worksite Wellness Council, Nebraska Safety Council, and Western Nebraska Community College with sponsor organizations: Gold Level – Kelley Bean and Chadron Community Hospital, Silver Level – Box Butte General Hospital, and Bronze Level – Crossroads Cooperative Association and Northwest Rural Public Power District.

For additional information about worksite wellness, visit [www.pphd.org/pwwc.html](http://www.pphd.org/pwwc.html) or call Davies at 308-487-3600 extension 101. The Panhandle Worksite Wellness Council is a division of Panhandle Public Health District and offers extensive membership benefits to help build evidence-based worksite wellness initiatives for local organizations.

Panhandle Public Health District is working together to improve the health, safety and quality of life for all who live, learn, work and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle community.