



Enroll today

it's **FREE** and Voluntary



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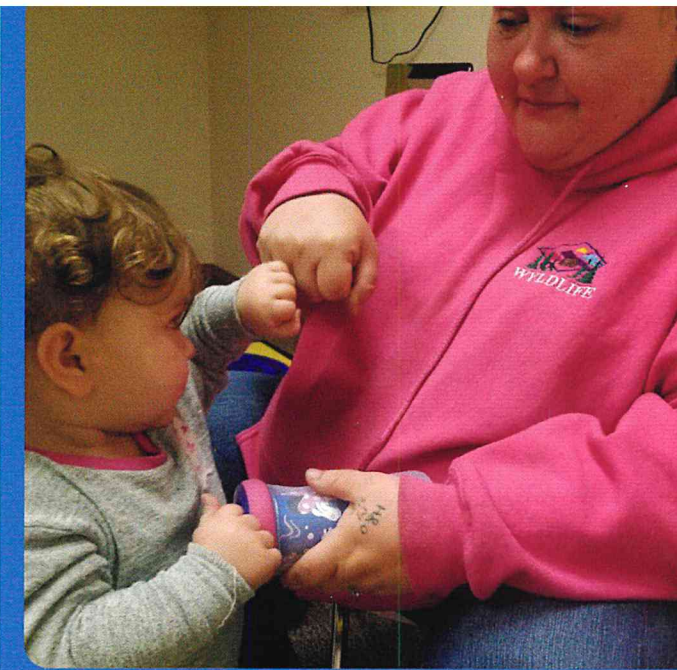


We have specialized training including Circle of Security™ to help parents and children feel secure and confident.

We offer information on:

- Safe sleep
- Parent child interaction
- Breastfeeding
- Early language and literacy activities
- Developmental screenings
- Behavioral concerns
- Caregiver education

We make toys that nurture child development and so much more!



Healthy Families Nebraska Panhandle™

Proudly part of

Panhandle

Public Health District

Children do not come with an instruction manual, and every now and then parents need support with the challenges that come with parenting Healthy Families is a family support service.

We serve Scottsbluff, Morrill, Box Butte, Cheyenne, Kimball, Garden, Banner, and Deuel counties.



What: Healthy Families is a home visitation program.

Interactions with families are relationship-based, designed to promote positive parent-child relationships, healthy attachment, and strength-based.

Who: Parents; prenatally or within three months of birth.

Once enrolled, services are offered until the child's third birthday and then help to transition the child to other community services.

Where: Home visits are offered in the comfort of your home.

After those initial months, visit frequency is based on the family's needs and progress over time.

Why: Children do not come with an instruction manual.

We help strengthen families, giving parents the tools and resources to create healthy, nurturing environments for their kids.

Get connected today!

Support during pregnancy and as your child grows

"I am developing better parenting skills so that my children will have greater feeling of self-worth." *Nebraska Panhandle Client*

Meet other parents and enjoy fun activities

"I have learned new ways to connect with my children." *Nebraska Panhandle Client*

Guidance through this confusing time to find resources

"My parent coach listens to me; she helped me through a difficult pregnancy and taught me that I can support my family in a better way—both financially and emotionally."
Nebraska Panhandle Client

Home visits focus on:

- building healthy brains
- reading the cues of children
- understanding child development
- learning about secure attachment

